Wudhus News

NHS Biscuit Appeal

June/July 2020

Horsley Woodhouse Parish Council

Recently I baked some Melting Moments biscuits and took some to Terrina for her to sample. Her daughter, Sarah, mentioned that she'd appreciate some to take into work - she works in the A&E department at Derby Royal.

She called me the following day to thank me on behalf of her colleagues for the "delicious biscuits". Whilst talking she suggested that maybe I could contact friends and ask them to donate cakes and biscuits to the staff of the many wards and departments at the Royal. So, Bryan wrote and printed off 40 "invites/requests" which we posted to friends around the

village. We then returned home and waited. Within an hour the

cakes and biscuits started to arrive - some homemade, some bought but all given with grateful thanks for the wonderful, hardworking NHS staff.

And the donations have continued ... and continued!!!

Some donors have returned with more biscuits, sometimes more

than once. We have been overwhelmed by people's generosity. The biscuits and cakes have gone

to A&E, ICU, Coronary Care, the Medical Centre in the village and the paramedics by various means (without us having to travel out of the area). I even gave some to the bin men and our postman.



I'm only sorry that we've been unable to include the whole village in this appeal but I'm more than willing to continue until this is all over. If anyone feels they want to donate - just

leave your donations at our back door (72 Main Street) with your name and any message you want to send to the NHS staff.





Page 2 Wudhus News

NHS Biscuit Appeal cont....

We're also sorry that we haven't been able to include the care homes in the area but we don't know anyone who lives in the village and works at a local care home. However, if you do, or know someone who does, please let us know so that we can include the home(s); again to thank the staff for their hard work.

We have learnt that these donations are well received and we have had several cards, emails and even videos thanking us but all we are doing is the organising; so a huge





to all those who have donated the cakes and biscuits on

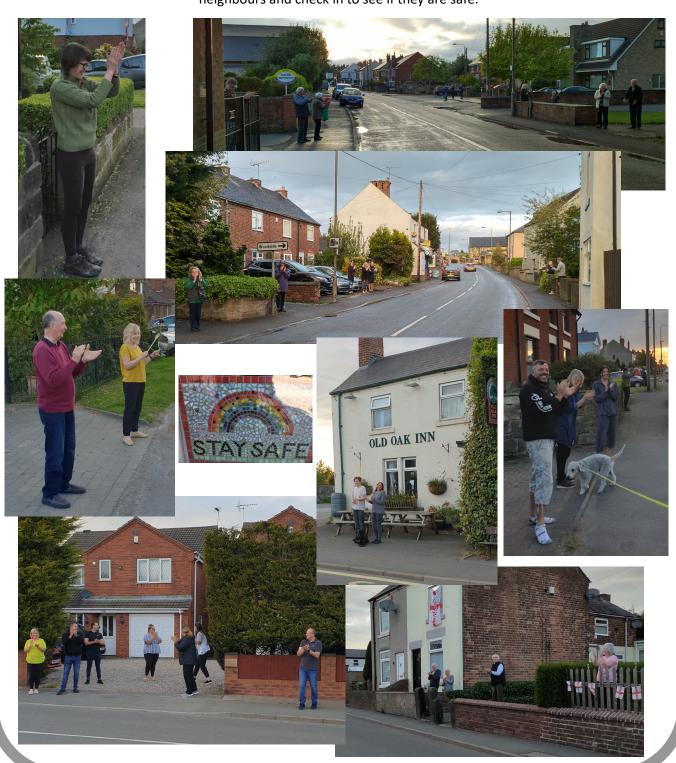
behalf of the several NHS teams for your kind donations.





Clapping for the NHS & Carers

If I were to say to you 8.00 pm on a Thursday, what would you be doing? The likelihood is you will be outside your home clapping for the NHS and carers alongside the whole village, and as the occasional car passes by bibbing their horns. It's probably one of only a handful of times you will see the village coming together to express their gratitude for people they don't know. So for the past two months you will have seen images like these, and at the same time, hopefully stolen a few moments to chat with your neighbours and check in to see if they are safe.



Page 4 Wudhus News

Local Clubs, Community Groups & Societies

Due to Covid-19 restrictions, unfortunately all events are on hold until further notice.

Horsley Woodhouse and Smalley Royal British Legion

The branch remains shut down for the duration of the current epidemic. On V E Day (Friday 8th May) we felt it was our duty to mark the 75th Anniversary of the end of the war in Europe. Standard Bearer, myself and one other member proceeded to the village War Memorial, observing the distance ruling at all times, and paid the homage, observed the two minutes silence and

spoke the Kohima Epitaph. The men on that memorial deserve our remembrance and will not be forgotten.

Don Barham Treasurer
Horsley Woodhouse and Smalley Royal British Legion



Stargazers Drama Group

Stargazers Drama Group is determined to pick up its normal routine as soon as possible.

We have not yet fixed the date for our Annual General Meeting but we'll put the details on our Facebook page as soon as it is known. If you want to talk about joining the Group just pick up the phone to Ray on 01332 882 200.



Horsley Woodhouse Ladies Group

An informal group, not affiliated to any other. Our group was started some 40 years ago by Mrs George the vicar's wife at that time and Irene Clark. Some of the original members still attend. We welcome ladies (and sometimes gentlemen) of all ages and all areas, on the first Thursday of every month at 7.15 pm in the British Legion Hall, Main Street. A donation of £2.00 to cover the cost of tea/coffee/biscuits/speakers fees etc.

We enjoy a wide variety of speakers, demonstrations, arts and crafts, quizzes, sing-alongs, outings and meals outs and just sometimes just a friendly chat.

Hopefully it won't be too long before we meet again.

Keep safe, keep in touch, if you feel like a chat give me a ring on 01332 880 858.

Pat Dickinson

OPEN GARDEN --- CANCELLED

I'm sorry to say that due to Covid-19 restrictions there will be no Open Garden at 9 Main Street this year. We shall all hope that next year will go ahead as before.

Thank you to everyone who has supported the event in the past and STAY SAFE.

Alison Napier

Horsley Woodhouse Over 60's Club

Nothing to report at this moment in time. The activities of the Club remain in suspension due to the lockdown imposed by the Government. It is difficult to see the way forward but hopefully if the gradual return to something like normal is successful we may be able to meet again later in the year.

Page 6 Wudhus News

THE CHURCH HALL

At mid-day March 20th 2020 the Church Hall closed its doors until further notice due to the spread internationally of the Corona Virus. It was a sad day, but had to be done in order to comply with the restrictions and to protect health and life. The Hall had a good clean and its doors locked until we know not when, but rest assured that all future bookings remain in place ready for when we get the go ahead to resume activities.

It may appear to be deserted and sad, but its magic is still working. You see, the heart of its Community Spirit is still beating strongly. The regular weekly groups are in continual contact through social media, news and views are exchanged and there is a strong continuum of social cohesion.

Although Theatre 2020 had to defer their VE Day Tribute, the members stay in touch and can't wait to get back together into the rehearsals, the Show will eventually go on!

Cathy with her Zumba classes, Tracy from Slimming World, Anita with her Yoga, Circuit Training Julie, Line Dancing Megan and Angela with her Qigong group are all in contact with their classes in various ways on social media. They have built a strong bond with their class members and between them they encompass a large number of people in our Community.

Diane from Age UK Derby and Derbyshire Chair Exercise and Falls Prevention, teams up with me and once a week and we ring round the members for a chat and a 'Safe and Well' check to make sure that all is fine with them and to ensure they have all they need. Di and Jo at Age UK have also liaised with Radio Derby for Monday weekly Chair Exercise instructions to keep the vital Falls Prevention training fresh and continuous. Quite a few of these people are also part of the "Getting to Know You" Café. The Café "family" has become even closer through absence while the lockdown has been on with the help of pictures of "prototype" cakes and biscuits for when we get back together again plus chatty phone calls. What a welcome day it will be when Wendy pours our first cup of tea again!

Miss Leanne from the Relevétion Dance Academy is in contact with her pupils and their parents several times a week with streamed dance exercises and routines plus quizzes, downloads to colour and competitions etc.

The Hall looks empty and abandoned but don't be deceived, its precious Community Heart is tucked safely away inside and is beating very strongly indeed.

Sheila Cullen



Memories of V E Day 1945

The evening prior to Churchill's announcement of the end of the War in Europe, this had been expected all day but 9.00 pm and nothing came. Father announced time for bed (no T.V. in those days) and we were nursing the radio batteries which needed frequent charging. I retired to my bedroom happy that the air raid sirens would no longer be fetching us out of bed, only to be awakened by my Mother shaking me vigorously and saying, "it's over at last". How did she know?

The Church bells were ringing for the first time for six years. We had been told if you hear the Church bells it means the Nazi para troopers are landing and the country is being invaded; no danger this time they meant only one thing, it's all over. I dressed quickly and joined my Mother in the kitchen, she had made a brew and we sipped tea with the back door open listening to those bells, I urged Mother "let's go out and up the village". We could hear shouting and cheering from the Jolly Colliers pub next door. Mother got her coat and shouted, "are you coming Dad", where upon he replied, "no I have got to go to work in the morning". We walked up Main Street, it was full of people just walking around talking and singing; we reached the then New Inn, Ernie Meakin the landlord stood in the porch shouting, "first one's on the house". Just then about nine or ten soldier guards from the POW camp at Smalley came up the street doing the conga and Ernie quickly shut the door and disappeared inside. We stayed up chatting to neighbours until around midnight and then retired happy and at peace, knowing that scary noise of the air raid sirens was over forever. I paused at my parents' bedroom door; Father was sleeping soundly old soldier - 1914 to 1918 and later Home Guard Sergeant he had been there done that.

Don Barham



Horsley Woodhouse & Smalley Home Guard (Dad's Army) 1940-1945

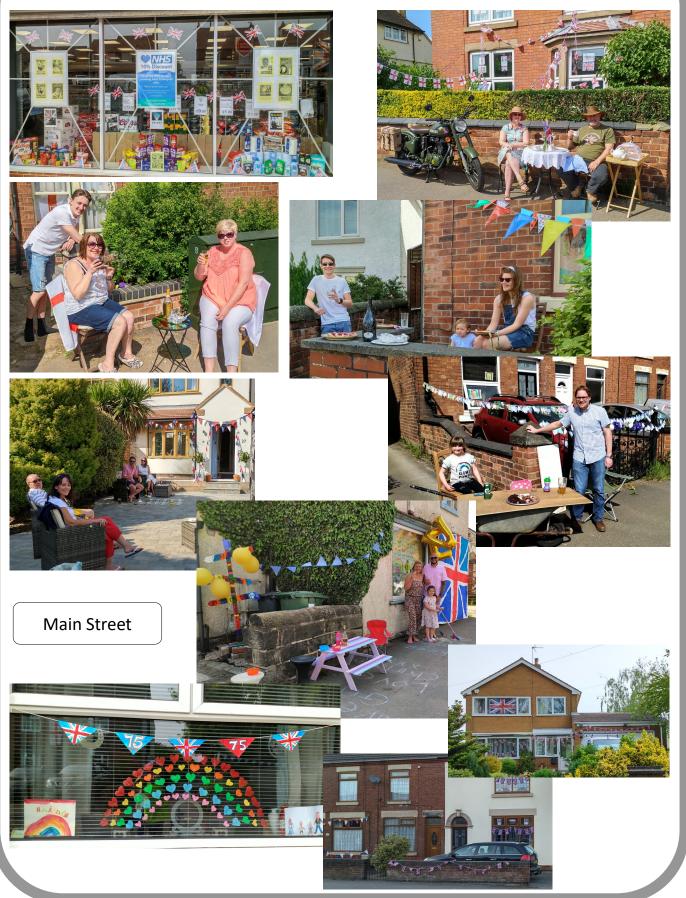
Back Row (LtoR) - Rueben Spencer, George Marshall, Vern Moore, unknown, George Bailey, unknown, Bernard Stowe, Billy Alldread, unknown, Jim Crookes, Dick Bailey & unknown

Kneeling - Len Barham (who wouldn't get out of bed, he had to go to work!), unknown & Mark Barke

HW Primary School Playground (July approximately 1940)

Page 8 Wudhus News

VE Day - 75th Anniversary 8th May 2020



Main Street









Clement Road







Page 10 Wudhus News

VE Day - 75th Anniversary 8th May 2020 cont...



The Crescent







Fairfield Road





Voices from the Past

We are living through a major, historic event. How do we record it for future generations?

A small village in Derbyshire went into voluntary lockdown when an outbreak of a strange deadly disease swept through the country. People had started to fall ill and die and the village vicar suggested that they remain in the village to avoid spreading the disease. This was in 1665, 355 years ago and the village was, of course, Eyam. The disease was the 'plague' or 'black death'. It was a very brave decision to remain in the village where people were ill and dying and no one understood what it was and how it was spreading.

At the same time, about 200 miles away in London, one of the most famous documents in history was being written, Samuel Pepys was writing a diary. Pepys lived through the Plague and the next year the Great Fire of London. Yet, one of the most remembered entries in his diaries is when he buried his cheese in the back garden during the fire. The cheese was probably a hard parmesan imported from Italy and actually quite a valuable thing in those days.

Diaries always take on more importance in times of great upheaval and when their author lives through an historic event. One such diary was written by a Derbyshire woman, Maria Gyte, who lived in Sheldon just outside Bakewell. She was at the heart of village life; she ran a pub and kept a farm with her family. During the First World War, Maria documented the progress of the War and then offered insights into life in the village: 'Ben Naylor killed Ed Brocklhurst's pig (18st 10lbs) [119kg]' and a few days after that 'we all had roast pork for dinner'. Tragically, she also detailed the death of her son, Tony, who was killed in France in 1917. Diaries, letters and postcards are some of the most treasured objects from the First World War. The big events and lives of the famous are well documented in other ways. History books written years later, or articles written by journalists, but these cannot tell the story of ordinary life, the thoughts of 'real' people and their experiences at the time. Historians can only guess what it must have been like to have been hidden in an attic away from the Nazis, but Anne Frank kept a diary and so we can start to understand what it might have been like in her own words.

We would not have these brilliant insights into history, first of all if people hadn't written them, but also if they had been thrown away afterwards. These documents were kept and treasured, either by the family themselves, or because they were passed on to museums or archives.

As someone who has worked in museums for many years and now chair the Derbyshire Museums and Heritage Forum, I have spoken recently on Radio Derby about the need for people to record what is happening now, during these strange times. What has it been like for you? Has it actually been something you have quite enjoyed? One soldier from Milford wrote in his First War diary in France that it was '…better here than Milford, there's more doing.'

Now we can record ourselves on phones, write diaries on tablets and computers and virtually everyone now can take photos. We have more ways of recording history than ever before, but we always seem to video the strange things, or a big event. I want to appeal to people to make diaries of everyday things and how their lives have been affected by this pandemic. Record the rainbows and what is happening around the village and then make sure to keep them. Despite all of the new tech, the best thing is still an old-fashioned diary or notebook, you don't have to back it up, or make sure you copy it to the latest storage device, just keep it safe in a drawer. Has anyone still got their floppy disc drive?

At some point, when things do begin to get back to normal, the Museum and Heritage Forum and the Derbyshire Record Office will look into a project to save the information. We don't know yet what that might be, we will have to get together and maybe apply for a Lottery grant, but we need people to start now to record history for their children and grandchildren and for people 350 years in the future. Imagine what stories there would be if the people of a Derbyshire village had all kept diaries and made records of the village during the plague for us to see now.

Page 12 **Wudhus News**

Stainsby a**VE**nue **DAY**

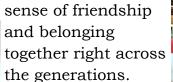
The word spread on the Stainsby Avenue Residents Facebook. A VE Day socially distanced celebration was planned. Flags and bunting were hung ready for May 8th in a glorious display of red, white and blue.

> Food was prepared for tea and a music system was set up to play the music of that important day in 1945.

This was certainly a day to remember for the Avenue, it has seen

many carnivals, and national celebrations over the years, but this one had to be the one which stands out above all. It observed and overcame the boundaries of social distancing amidst the anxiety,

grief and tragedy of a pandemic with a real







I have an abundance of lemon balm and

oregano if anyone would like some?

Hardship Strengthens the Community on Stainsby Avenue

(Aka, out of every disaster comes opportunity!)

Gerry asked me to make this friendly neighbourly group, so no one ever feels alone especially during these trying times

As the dreaded Covid-19 virus started to hit our country hard, the national rules for social distancing were established and most of us had a lockdown imposed on us. Then someone had a great idea! A Stainsby Avenue Residents Facebook page was set up. Immediately an

Avenue sized world of help and friendship opened up for residents. Garden plants and herbs were swapped, quizzes and activities for the children were shared, an Avenue

Hopscotch afternoon was organised (socially distanced of course!).

I think we should all clap on the 30th April for captain Tom Moore!!! at 8pm, for his 100th birthday and to say a huge thank you 👑 **Keep sharing**

The weekly 'Claps for the NHS' were advertised and encouraged, Happy Birthday for Captain Tom was sung, support for Boris was shown when he was stuck down with the Virus. There was a "Dance on your Doorstep" event, news of

bin collections etc. shared, the offer of books to get people

through any boredom, offers to shop for people who needed help, offers of

cooked meals, and regretfully, news of missing animals. Plus, the important plans for VE Day Celebrations! All of this and more has come from one brilliant idea. I'm sure that the security and friendship which has been derived from this during such a difficult period will live on to be enjoyed in much happier times in the future.

If anyone needs any reading books, I have a plentiful supply! Let me know what you like to read.

If anyone is desperate for any groceries, fresh fruit &veg Metro stores at Kilburn as plenty in just a bit pricier than the Supermarkets though x



If anyone should need a hot meal due to being unable to go shopping etc. Pls pm me, id be happy to drop a meal/plate off locally.

Page 14 Wudhus News

Horsley Woodhouse Parish Council

HW Parish Council meetings were postponed in April and May due to the current Covid-19 outbreak. Please see the HWPC website for further details.

If you wish to raise any issues, please get in touch with your local Parish Councillor or the Parish Clerk.

Parish Council Contact Details:

- Cllr K Seals (Chairman) 01332 881 983
 - Cllr S McGuinness (Vice Chairman) 07790 849 000
 - Cllr A Nathan 07790 730 610
 - Cllr I Ratcliffe 01332 781 872
 - Cllr S Till 01332 881 739
 - Cllr J Whitmore 01332 880 203
 - Mrs K Richardson (Parish Clerk) –
 01332 883 404 or

Email: horsleywoodhouseparishcouncil@aol.com

The Safer Neighbour-hood Team provides up to date information on twitter

@HeanorRuralSNT and you can email the team on

ripley.neighbourhoods@derbyshire.pnn.police.uk

Crimes and anti-social activity can be reported by ringing 101

Don't forget to keep up to date with all things Horsley Woodhouse via the Parish Council's village website

www.horsleywoodhouseparishcouncil.org.uk

Annual Street Scene Competition - July 2020

Horsley woodhouse Parish Council in conjunction with Horsley Woodhouse Community Association and Kevan & Lesley Gascoyne, invite you to join them for the annual street scene competition. The Carnival may not be able to go ahead but there's no reason why we can't show how proud we are of our village and create the popular "View from the Pavement" scene, which will be **judged during the**

week commencing 13th July 2020. (See back page for more details)

Community Request

Unfortunately, there is still a noticeable amount of dog foul on the pavement around the village. Particularly on Main Street, Fairfield Road and Horeston Recreation Ground. As well as being a finable offence not pick up after you dog (The Dogs Fouling of Land Act 1996), these pavements are entrances to resident's properties.



Please have some consideration for others. If you own a dog then pick up after it has fouled, put it in the many bins around the village or take it home. It's your dog so please care for others and stop giving responsible dog owners a bad reputation.

If you wish to make a complaint regarding dog fouling, please contact Amber Valley BC's helpline on 01773 841 335 or submit the form online via www.ambervalley.gov.uk/ environment/dog-control/dog-fouling/.

Horsley Woodhouse Church Hall

This welcoming and well equipped local venue can be hired very reasonably for:

Call Sheila on 07803 158 235

Page 16 Wudhus News

Arthur Medical Centre

In these uncertain times, we would like to remind readers of this article that the surgery remains open for your medical needs all-be-it in a changed form. We are currently doing much of our work by telephone, video or email consultation with several us doing this from our own homes to assist in social distancing within our building. Occasionally we have been seeing people face to face and we must thank you for your patience when coming up to the Practice and being met in cars or in the building with the clinicians using PPE as needed.

We would also like to say a big thank you to those in the community supporting you and us; the neighbourhood watch, eye shields/face visors, scrubs and scrub wash bags manufactured and/or made by hand and donated by Rolls Royce, Liniar, Dr Smith's Dad, Dr Wilton's Mum, Design and Print, Aldecar School, For the Love of Scrubs and Prime Group.

As lockdown changes, we must not forget that the residents of our community who are most at risk will still need to be shielded from COVID-19 and so we ask that you continue your fantastic efforts. We have about 250 patients in this group. There are many more residents who are less at-risk and will finally be able to venture out but still need support where social distancing is not possible - the well elderly, those with some less serious underlying conditions as previously set out by the government.

Like everyone, we are trying to look forwards to offering more normal services and are busy making plans. But we have also learnt that some of our new skills may become the norm. We are using our website and social media with our own Facebook page - we have entered the 21st century!

Main Street, Horsley Woodhouse, Derby, DE7 6AX.
Tel: 01332 880249 Fax: 01332 781269
www.arthurmedicalcentre.co.uk

Dr A J McKenzie Dr L J Wilton Dr ML Tidmarsh Dr K J Woodier Dr J Clark Dr R Furness

Amber Pharmacy

An independent NHS Community Pharmacy serving the people of Horsley Woodhouse

Opening times

Monday to Friday 8.30 - 18.30 Saturday 8.30 - 12.30

(Closed bank holidays and Sundays)

Thank you for supporting the Wudhus News

The Wudhus News would like to say a big thank you to Mick Bahram for all the articles that he contributed over the last several years. The series of 'We Will Remember Them' and 'Missing' paid tribute to the villagers who sacrificed their lives in the First and Second World Wars. He also contributed local history articles and we are grateful to Mick for brining all these stories to our readers over the years.

We will miss these articles, as well as Mick and his wife Sue who have moved onto pastures new.

Hopefully it's not the last we have heard from him!

If you wish to contact us or put an article forward:

If you would like to put forward any details to be included in the next edition of the Wudhus News please contact Tania Pells (Editor) at editorwudhusnews@gmail.com
If you are holding a fund raiser, have some community news or you need support to write

If you are holding a fund raiser, have some community news or you need support to write an article please get in touch.

All articles and information submitted will be reviewed by the Parish Council before it can be approved. Unfortunately we cannot advertise businesses within the newsletter or print personal letters.

If you wish to use any material that is listed within the Wudhus News, please contact Tania Pells (Editor) on the above email address.

Publishing Deadlines: Aug/Sep - 20th Jul and Oct/Nov - 20th Sep

Unfortunately, any information received after the deadline will not be included but may go forward to the next edition.

Page 18 Wudhus News

Keeping the villages connected.... Kilburn News

Support in the community during the Coronavirus Pandemic

Life across the local area and in fact the country is very different at the moment. One impact is that the large majority of elderly and vulnerable residents are well into the self isolation period and may be apprehensive about who to ask should they need shopping, prescriptions and other urgent household items collecting.

Residents will be reassured to know that the Kilburn & Denby Neighbourhood Watch have teamed up with local charities and the public sector to provide a service to the residents of Kilburn, Denby & Horsley Woodhouse where a team of 25 volunteers are available around the clock to assist with urgent tasks.

All you need to do is telephone their dedicated number <u>07756 762 192</u> and a member of the team will take a few details from you and allocate a volunteer to offer support. All volunteers are fully insured and will arrange a convenient time to come round to see you.

The team also have an emergency supply of food items for the elderly should they require a 1-2 day supply until other alternative arrangements can be made. There is also a supply of sanitary products and nappies available should any females need a small emergency supply until they can make it to the shops.

My name is Kilburn & Denby				
I live locally at	Neighl	oourl	nood V	Vatch
My phone numb			376219	
If you are self-iso	olating due to	COVID-19	I can help wit	th:
Picking up sl	hopping	× Po	sting mail	
A friendly ph	ione call	× Ur	gent supplies	
	ne and I'll do m			

Councillor Kevin Buttery – Keeping you Updated

Tackling the threat of Covid-19 being made to ensure front has required huge changes in the way that we work, socialise whilst following Government and educate our children. However, it is challenging times, such as these, that brings out the very best in people, helping and supporting those around us. Community volunteers have been brilliant in shopping, delivering food, medicines and phoning residents to check they are okay. Neighbours have supported neighbours and have also been part of a vital lifeline in helping those who do **Green Waste Collection** not have close family nearby.

It really has been fantastic and quite humbling to witness and be part of so much commitment and desire to help others.

Derbyshire Fire & Rescue staff immediately stepped up to the mark, collecting and delivering nearly 10,000 prescriptions, with 30 staff volunteering to provide a befriending service, as well as 12 staff helping the East Midlands Ambulance Service.

Council services have been impacted, but every effort is

line services are maintained, guidelines. Amber Valley Borough Council has received an additional £31 million to support services and local businesses, whilst Derbyshire County Council has received over £37 million.

Amber Valley suffered three times as many fly-tipping incidents as the same time last year. So I am pleased that AVBC has recommenced the Service and that the Loscoe **Household Waste and Recycle** Centre has reopened, albeit with restrictions at this time. to prevent it being overwhelmed. No vans or trailers are allowed. Only visit if you cannot safely store your waste at home, wear protective gloves, suitable clothing and be aware that the staff will not be able to help you carry your waste. Full details of the restrictions and waiting times can be found on the website

www.derbyshire.gov.uk,

which also provides During these challenging times, information on which other Council services have been affected by coronavirus.

It is important that care is still provided to those who have been discharged from hospital after suffering from Covid-19. I am therefore pleased that we are utilising the newly built 40-bed Belper Care Centre to exclusively accept such patients, to enable them to rest and recuperate before they are able to return home. This new facility is to replace the old Ada Belfield care home which is situated on Field Lane, but in these unprecedented times, we need to do everything possible to support people through this pandemic. This new facility will, in the meantime, operate and be temporarily called the Florence Nightingale Home.

I would also like to take this opportunity to thank NHS Staff, **Care Homes and key workers** from all professions who are working night and day to keep us all safe.

If there is an issue I can help you with, please contact me on 01332 781 092 or kevin.buttery@derbyshire.gov.uk.



Page 20 Wudhus News

Horsley Woodhouse Methodist Church

During this time of lock-down, though there are numerous resources available on-line, radio, television for Worship/Services of different kinds, we at Horsley Woodhouse Methodist Church have really appreciated the *Weekly Worship* prepared by our Minister, Revd John Malnutt. A Sermon, Bible Reading, Hymn and Prayers have been e-mailed to us each Sunday Morning (and Maundy Thursday and Good Friday). This has been forwarded to our members on-line; printed out for those without internet, and they have received them by our *Sermon Delivery Service* - put through letterboxes on the permitted daily walk from home. It has made us feel we are worshipping together though apart, knowing we are all reading the same Sermon and Bible Reading, singing the same Hymn, and praying the same Prayers. So – **THANK YOU, JOHN.**

We were delighted to receive this news from John:

I am so pleased to be able to share the news that on Friday 8th May at 10.35 a.m. Anna and I welcomed Elias Ray Malnutt into the world. Weighing 7lb 2oz we think that he is just perfect!

Every blessing,

John

From Thursday 14th May, John is on paternity leave and annual leave for three weeks. If there are any pastoral needs or queries whilst he is away, Revd Kate Strange or Revd Robert Foster can be contacted. Details from Mrs Phyllis Shaw.

Minister: Revd
John Malnutt

Church Contact: Mrs Phyllis Shaw Tel: 01332

880 083

We at this time have no information about when we can open for Services and other activities. It's not expected to be before July.

St Susanna's Parish Church

Church Services

At the time of writing the Church remains closed for public worship. It is anticipated that there will be a gradual loosening of constraints caused by the Covid-19 crisis over the next two to three months. Once services resume a notice will be placed on the Church notice board giving details.

'St Susanna's Patronal Festival August 2020'

Unfortunately, we have had to cancel the programme of events planned for August due to the continued uncertainty generated by the Covid-19 crisis.

We look forward to holding the festival next year all being well.

Weekly Activities at the Church Hall

These are the normal regular weekly events which take place in the Church Hall, <u>at the present</u> <u>time the Hall is closed for use</u> due to the pandemic. If you are interested in joining any of these activities in the future please call the activity contact number and the Instructor will be more than pleased to help you.

When these activities resume again all regular attendees will be advised by the appropriate Instructor. We thank you for your understanding during these exceptional circumstances.

Date	Activity	Contact details
Monday	7.00 to 8.15 pm - Line Dancing & 5.30 to 6.30 pm - Circuit Training	Megan 01159 326 217
		Julie Cole 07976 710 882
	10.30 to 11.30 am - Yoga &	Anita 01332 842 070
Tuesday	Relevétion Dance Academy: 4.30 to 5.00 pm - Pre-Primary Ballet (4-6yrs) 5.00 to 5.45 pm - Primary Ballet (6-10yrs) 5.55 to 6.25 pm - Primary Tap (6-10yrs) 6.25 to 6.55 pm - Primary Modern (6-10yrs) 6.55 to 7.55 pm - Acrobatics (6-10yrs) 8.00 to 9.00 pm - Adult Latin	Leanne 07500 823 243
Wednesday	Relevétion Dance Academy: 9.30 to 10.15 - Toddle in Time (2-5yrs)	Leanne 07500 823 243
	10.30 to 11.30 am - Adult Ballet & 6.30 to 7.30 pm - Circuit Training	Julie Cole 07976 710 882
Thursday	10.00 to 11.30 am - Chair Based Exercise & 5.30 & 7.30 pm - Slimming World	Diane 07919 116 585
		Tracy 07821 616 372
Friday	11.00 to 12 noon - Qigong/Tai Chi	Angela 07762 380 277
Saturday	10.30 to 11.30 am - Zumba classes	Cathy 07963 738 137

If you are interested in booking the Church Hall for meetings, parties and other functions, or on behalf of Societies and Clubs, please contact Sheila Cullen (the Bookings Secretary) on 07803 158 235.

Page 22 Wudhus News

Scouts, Cubs, Beavers & Explorers

The Cubs had our first online meeting in May and did a scavenger hunt. Highlights included finding a silly hat and the biggest cuddly toy. All had fun and it was great to see everyone again.



Anyone think we might need a badge like this sometime soon #SkillsForLife!

We've not been doing face to face Scouting for a while but we have still been busy. Scouts have meet together via skype and playing online games with the leaders. Explorers have met every Tuesday and have a film night every week.

Cubs and Beavers have been busy doing badges at home and the Cubs have just started Zoom nights. This week they are doing games and map/compass work.

This weekend all sections are doing a campover at home either in a tent in the garden, in the house or making a den in the house. Why not join other people and have a look at The Great Indoors website – open to all, not just Scouts https://www.scouts.org.uk/the-great-indoors/



Huey changed the HDD on an old PC. This involved removing the old one and replacing it with a new SSD. He also learnt about all the components of the computer, i.e. CPU, RAM and storage.



Once the drive was replaced, he then installed Windows and ran all the updates and configured the anti-virus. Finally he installed the printer.

All sections took part in a **'hike one-mile'** (at home) event, this was planned by the Scouts HQ

in London where we made a donation to support those who need it most. Together,

we and **#HikeToTheMoon** make a difference in communities across the UK, with BBC Children in Need and Comic Relief. We've hit £240,000. Well done to all who took part.



Artist badge - Ethan just wanted to share his day making and putting on a play with his brother about a farm. Ikea box + paint = hours of fun.

VE Day

We had a mini challenge and got the young people to have a go at from 'time to time'. So can you make this war time cake? Why not get the ingredients, cook it and show me a picture of the cake or you making it – sadly I can't taste it but let me know if it was any good.

Until we meet again.



Rationing 'Bake Off'



Before the Second World War Britain got a lot of its food from overseas. During the war it was very difficult to get food to the UK, so to make it fair a lot of food was rationed. Rationing means that each person in Britain had the same amount of basic food every week. Some other special foods were available.. but not always. People were encouraged to grow as much fruit and vegetables as they could. (many families dug up their gardens to turn them into vegetable plots!)

Food during the Second World War was basic, but there was enough for everyone, thanks to rationing. Occasionally special treats would be made. Below is a cake recipe that was used during the Second World War.

Here's the challenge

Using the recipe below make a wartime carrot cake. Sugar was rationed, so to make the cake sweeter carrots were used. People could grow carrots and they are really very sweet. You may need some help with parts of this, but try and do as much as you can by yourself. Be careful with the oven. It gets very hot. The oven bit is where you will need an adult's help.

Ingredients

230g self-raising flour

85g margarine or cooking fat

85g sugar

115g finely grated carrot

55g sultanas

A little milk or water

I reconstituted dried egg or I fresh egg (eggs were sometimes difficult to get and dried eggs were easier to buy)

Method

- Preheat oven to 220°C / 200°C (fan) / gas mark 7.
- Sift the flour into a mixing bowl using a sieve.
- Rub in the margarine or cooking fat. This means you use your hands to mix the flour and the
 margarine. The best way is to rub your fingers together like you are clicking your fingers in slow
 motion, but with the flour and fat between your fingers. Keep going until there are no fatty lumps
 and the mixture is the same throughout.
- Add sugar, carrot, sultanas and egg. Mix well and then, if needed, add a little milk or water to make sticky.
- Pour mixture into a lined baking tin and cook in the over for 40 45 minutes or until golden in colour. Careful! It will be very hot out of the oven- ask an adult to help!

When the cake has cooled down you now need to decorate it. You could decorate it with Union Flags, red/whit/blue ribbons.... in fact anything that would show a VE Day Celebration





If you are interested in becoming a Leader or Young Leader please contact Ian Britton, GSL, 1st Sitwell Scout Group on:

07847 207 756

gsl@1stsitwell scoutgroup.co .uk Horsley Woodhouse Parish Council

in conjunction with

Horsley Woodhouse Community Association &

Kevan and Lesley Gascoyne,

invite you to join

THE ANNUAL STREET SCENE COMPETITION 2020

Another chance to create the popular "View from the Pavement" scene which will be judged during the week commencing 13th July 2020

The front view of all types of properties will be included, those with front gardens and also those with paths and hard standings, so all can join in

No special theme, just bright and in a Carnival Spirit

There will be prizes for the most appealing:



Front Garden
Hanging Baskets
Window Boxes
Planters



Kevan and Lesley are kindly sponsoring prizes for:-Scarecrow People and Bunting

There will also be a prize for an 'Overall Champion Property' which incorporates as many of the above categories as possible (not necessarily with a front garden!)

Automatic entry for all